



A number of resources to learn more about the Satir tools.

Books

Virginia Satir, *The New Peoplemaking*, 1988 (ISBN: 0-8314-0070-6)
About congruence, centering, and the coping stances.

Gerald M. Weinberg, *Quality Software Management Vol. 3: Congruent Action*, Dorset House 1994 (ISBN: 0-9326-3328-5)
About (in)congruence and the different coping stances; the book also describes different ways to cope with blaming, placating, etc.

Gerald M. Weinberg, *Quality Software Management Vol. 4: Anticipating Change*, Dorset House 1997 (ISBN: 0-9326-3332-3)
Describes the Satir change model (chapter 2).

Gerald M. Weinberg, *More Secrets of Consulting*, Dorset House 2002 (ISBN: 0-9326-3352-8)
Describes a "consultant's tool kit" based on Satir's self-esteem tool kit.

Articles

Managing Yourself Through Change by Dale H. Emery -
http://www.dhemery.com/articles/managing_yourself_through_change.html

The Satir Change Model by Steven M. Smith -
http://www.stevenmsmith.com/articles/satir_change_model.htm

Why Don't You Hear What I Mean? - The Satir Interaction Model by Don Gray -
http://www.donaldegray.com/blog/archives/cat_communication.html#25

Temperature Reading article by Dale H. Emery and Judy Bamberger -
http://www.dhemery.com/articles/temperature_reading.html

Temperature Reading Handout by Marko van der Puil -
<http://www.brains4all.com/site/home/download/29>

URLs

<http://www.avanta.net>

<http://www.satirsystems.com>

<http://www.satirworkshops.com>